

SWIM CAMPS 2010

SHEPPARDSWIMMSCHOOL.CO.UK

☀ **EASTER CAMPS:**

-MAR 29-APR 1 and APR 6-9

☀ **SUMMER CAMPS competitive swimmers:**

-JULY 19-23, GLENALMOND COLLEGE

-JULY 26-30, STRATHALLAN SCHOOL

-AUGUST 2-6, GLENALMOND COLLEGE

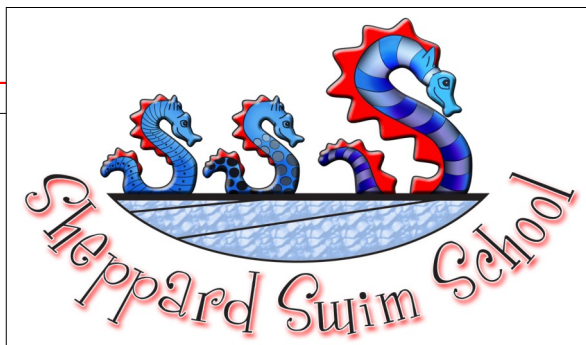
-AUGUST 9-13, ST LEONARDS SCHOOL

☀ **SUMMER CAMP developmental swimmers:**

-AUGUST 9-13, KILGRASTON SCHOOL

-SPORTS PSYCHOLOGY CLASSES DAILY

-2X 90MIN POOL TRAINING + DRYLAND



-FULL BOARD Easter camp £288 (4 days)

-FULL BOARD Summer camp: £360 (MON→FRI)

Competitive camps are for competitive swimmers of all abilities ages 12-18. Developmental camps are for competitive swimmers 9-12yrs.

- **SWIM DIRECTOR: OLYMPIC COACH GARY VANDERMEULEN**
- **SPORTS PSYCHOLOGIST: KATIE SINNOTT MSc**