

Fine team effort from Carnegie at DASC Mini Sprint

Eighteen swimmers, aged from 8 to 11 years old, from Carnegie's A/B, C/D, Jnr Dev and Perf Dev2 squads took part in the DASC Mini Sprint held at FIPRE on Saturday 22nd May 2010. A fine effort saw the team amass a number of medals, ribbons and personal best swims.

In the morning session, 8 year old Orla McQuade won a silver in the 25m fly. For the 9 year olds Eilidh Lister finished in 4th place in the 25m fly and 6th in the 100m IM. Team mate Lucy Ross, who only celebrated her 9th birthday on Friday, won a 6th place ribbon in the 25m fly, as did James Gray for the boys. James also picked up a gold medal in the 50m breaststroke with a fine swim, just a fraction off going under 50 seconds for the first time.

In the 10 year old age group Megan McGhee picked up gold in the 100m IM and two silvers in the 50m backstroke and 50m free. James Collyer was also amongst the medals with two golds in the 50m backstroke and 50m free and adding a silver in the 100m IM. Claire Lee picked up two bronze medals in the 100m IM and 50m backstroke adding a 4th place ribbon in the 50m freestyle. There were also ribbons for Lucy Hallam (4th in the 100m IM, 5th in the 50m backstroke and 6th in the 50m freestyle).

For the 11 year olds Alicia Wotherspoon won gold in the 50m backstroke and silver in the 50m freestyle. Sophie Ross picked up gold in the 50m freestyle adding a 4th place ribbon in the 50m backstroke, with team mate Sarah Carstairs winning silver in the 50m backstroke. For the boys Struan Moodie won bronze in the 50m backstroke.

The morning session was rounded off with the 4x25m medley relay with the Carnegie A team winning silver (Alicia Wotherspoon, Megan McGhee, Sophie Ross and James Collyer) and the B team finishing 4th (Claire Lee, Sarah Carstairs, Struan Moodie and Aidan Mitchell).

At the end of the morning session, Carnegie had the slimmest of leads over nearest rivals Alloa. It promised to be an exciting afternoon of competition and so it turned out.



The Carnegie team pictured poolside after the morning session

In the afternoon Orla McQuade continued her good form with two gold medals (25m free and 25m backstroke). Likewise Megan McGhee with gold in the 50m breaststroke and silver in the 50m fly on the way to best 10 year old girl. James Collyer won silver in the 50m breaststroke and 6th place in the 50m fly. There were ribbons also for Eilidh Lister (4th in 50m free and 5th in 50m backstroke), Ross Murray and Aaron Inkster (4th in 50m breast) and Claire Lee (4th in 50m fly).

In the 11 years age group Sophie Ross and Sarah Carstairs fought out a battle for top girl with Sarah winning golds in the 100m IM and 50m breaststroke. Sophie chipped in with silver in the 100m IM and a 5th place ribbon in the 50m breaststroke. It was all down to the 50m fly to decide top 11 year old girl, Sophie winning gold in a new PB time of 38.67 and Sarah silver, also swimming a PB in 39.84. This meant that the girls shared the top girl trophy for the 11 year olds!

In the freestyle relay, Carnegie had 3 teams with the A team of Megan McGhee, Aaron Inkster, Sarah Carstairs and Alicia Wotherspoon winning silver. The B team finished 4th (Sophie Ross, Lucy Hallam, Heather Anderson and James Collyer) and the C team 5th (Claire Lee, Olivia Alexander, Tabitha Hill and Struan Moodie). Also swimming well on the day and completing the Carnegie team were Gavin Ogilvie and James Beattie.

The trophy for top team went right "down to the wire" with Alloa clawing back their morning deficit and pipping the Carnegie team into 2nd place by a handful of points, a great day of competition and a fine performance by the young Carnegie team.