

Carnegie Spring Graded Meet

Continuing on from the Pb successes of the North Ayrshire 200 meet on Valentines weekend, Carnegie's Junior Development and Performance Development swimmers put in some excellent performances at the Carnegie Spring Graded Meet held at FIPRE (Glenrothes) on Saturday 20th February.

In the first event, the Boys 400m Freestyle, 11yr old Greig Reid took 5.5s off his previous best with a time of 05:19.25, 10yr Fraser Beeby a 0.5s pb with a time of 05:10.40, 12yr old Fraser Reid just outside his pb with a time of 05:04.24 and 12yr old Euan McElwee 0.5s improvement with a time of 04:53.29.

In the 8-11yrs 100m Butterfly, 10yr old Sophie Ross knocked 4.5s off her lifetime personal best with a time of 01:39.12, 11yr old Ciara Mussen 6.5s 01:31.68 finishing in 6th place and close friend 11yr old Lucy Thomson took 6s off her pb finishing 5th in a time of 01:28.81. 10yr old Claire Lee was 23rd in a time of 01:44.41

In the Boys 8-11 100m Butterfly, 11yr old Andrew England knocked 4.5s off his previous best with a time of 01:35.24 finishing 7th and just missing out on a top 6 finish.

Not feeling 100% and choked with a cold, 13yr old Isla McLeod improved on her entry time by 1s in the 12-13 100m Backstroke finishing 6th. Teammate 12yr old Megan Hill was just outside her Pb finishing with a time of 01:21.00.

In the Boys 12-13 10m Backstroke, Fraser Reid finished 4th improving on his Pb by 0.6s with a time of 01:16.79.

In the Girls 14y & Over 100m Freestyle, 14yr old Amber McWhirter finished 8th with a time of 01:10.00, just outside her lifetime personal best.

With very little rest, Isla McLeod and Amber McWhirter were back in the water competing in the 200m IM with times of 02:57.48 and 02:47.13 respectively, both outside their entry times with Amber just missing out on a top 6 finish coming in 7th.

In the Boys 8-11 100m Backstroke, Fraser Beeby picked up 2nd place with a time of 01:22.07, a 3s improvement on his entry time and James Collyer 5th place with a 8.5s pb improvement with a time of 01:24.28. Greig Reid finished 10th in a time of 01:26.98, just outside his Pb.

In her first swim of the day and recovering from a throat infection the week before which hampered her swims at the North Ayrshire 200 Meet, 11yr old Carrie McLennan took 5s off her entry time in the 8-11 Girls 100m Backstroke with a time of 01:32.52. Team mate Sophie Ross a 3s improvement in a time of 01:33.67, Kirsten Cronie 2s with a time of 01:31.74, Sarah Carstairs an incredible 7s off her entry time with a time of 01:27.77, Brooke Gillies 4.5s with a time of 01:26.04 and finishing 7th and Lucy Thomson 01:27.40 on her pb finishing 9th.

In the Boys 12-13 100m Freestyle, Fraser Reid finished 8th knocking 0.31s off his entry time. In the Girls 12-13 100m Freestyle event, Megan Hill finished 6th in a time of 01:09.00 and Isla McLeod 20th in a time of 01:13.64

From 28 morning swims, 17 lifetime personal bests.

In Session 2 on Saturday afternoon, there were better performances to come. In the Girls 400m Freestyle, Ruth Laird finished 2nd with a time of 04:54.04, a 4s improvement on her entry time. Team mate Caitlin McKilligan missed out on a top 6 finish coming in 7th in a time of 05:02.88 just outside her lifetime personal best and Amber McWhirter an incredible 11s improvement on her entry time coming in 12th with a time of 05:11.73

In the Boys 8-11 100m Breaststroke, 9yr old James Gray took almost 3s off his entry time with a time of 01:52.00, 11yr old Grant Ogilvie a 4s improvement with a time of 01:45.76, 11yr old Jordan McKilligan finished 4th in a time of 01:39.73 which was an improvement of almost 4s and Fraser Beeby swam too fast with a time of 01:34.11, a 6s pb improvement.

In the Girls 8-11 100m Breaststroke, Sarah Carstairs finished 4th in a time of 01:39.31, Brooke Gillies 6th in a time of 01:39.39, Lucy Thomson 10th in a time of 01:40.66, Carrie McLennan 15th in a time of 01:44.26, Kirstin Cronie 18th and Sophie Ross 19th.

In the Girls 12-13 100m Butterfly, Megan Hill finished 9th in a time of 01:25.28, over 10s faster than her entry time.

In the Girls 14 & Over 100m Backstroke, Amber McWhirter finished 4th in a time of 01:18.27, a 1s improvement on her previous personal best.

In the Girls 8-11 100m Freestyle, Alicia Wotherspoon finished 5th 01:15.71, Sophie Ross 7th 01:16.17, Lucy Thomson 10th 01:17.08, Carrie McLennan 12th 01:17.39, Kirstin Cronie 20th 01:19.71, Sarah Carstairs 21st 01:19.83 and Claire Lee 27th 01:23.04.

In the Boys 8-11 100m Freestyle James Collyer picked up 2nd place with a time of 01:15.67, an improvement of 8s on his previous lifetime personal best. Jordan McKilligan finished 11th in a time of 01:19.22 and Grant Ogilvie 26th in a time of 01:28.97.

In the Girls 12-13 100m Breaststroke, Isla McLeod finished 10th 01:33.58, Megan Hill 14th 01:34.73, Harriet Gray 11th 01:33.62 and Ruth Laird 22nd 01:39.11.

In the Boys 12-13 100m Breaststroke, Euan McElwee finished 10th in a time of 01:31.24, a 0.5s improvement on his entry time.

From 30 afternoon swims, 22 lifetime personal bests.