

City Of Sunderland ASC 2<sup>nd</sup> Long Course Open Meet  
Sunderland Aquatic Centre 29<sup>th</sup> - 30<sup>th</sup> May 2010

Last weekend saw members of the Carnegie Performance and Performance Development squads travel down to the Sunderland Aquatic Centre to compete in the 2<sup>nd</sup> Sunderland Open Meet. Overall there were many great performances from the Carnegie swimmers and Head Coach John Szaranek was delighted with the commitment shown from all of them. This resulted in Carnegie finishing in a creditable 2<sup>nd</sup> position overall in the Top Club rankings behind a very strong City Of Newcastle team.

The Top 5 teams were:

1. City Of Newcastle – 979.5 pts
2. Carnegie SC – 693.5 pts
3. City Of Aberdeen – 563.5 pts
4. City Of Sunderland – 514 pts
5. Warrender – 497.5 pts

In the 11 year and under boys' rankings, new Carnegie recruit Craig McLean finished as Top Boy with some fine swims over the weekend and a total of 56 points amassed. 10 year old Fraser Beeby finished in a well placed 3<sup>rd</sup> position on 42 points. Greig Reid finished in 7<sup>th</sup> position with 22 points with Andrew England just behind him in 9<sup>th</sup> with 19 points. Jordan McKilligan finished in joint 19<sup>th</sup> position with 7 points. 9 year old Orca squad member James Gray also swam well for the boys in this age group with 2 fine pb swims at the weekend.

In the 12 year old boys rankings, Jack Szaranek finished just outside the top 10 in 11<sup>th</sup> position overall with 22 points, a fine effort. Robbie Carmichael also swam in this age group and was looking more like his old self with a great swim in the 400m Free.

In the 13 year age group, Euan McElwee had a good weekend finishing with a total of 14 points in 14<sup>th</sup> position overall. Fraser Reid also swam in this age group having recently celebrated his 13<sup>th</sup> birthday and alongside Euan had another great race in the boys 400m Free.

In our strongest boys age group, the 14 year olds, the Top Boy award went to Mark Szaranek who recorded a superb 79 points for all his superb gold medal winning swims over the weekend. Mark was the top points scorer over all the age groups just pipping his Carnegie team mate Rachael O'Donnell who finished on 77 for the girls. Finishing just behind Mark in 2<sup>nd</sup> position overall was Myles Hershaw who amassed 49 points over the weekend with some great performances. Blair Hershaw finished in 4<sup>th</sup> position overall with 35.5 points and Lewis Kirby also finished in the top 10 in 9<sup>th</sup> with 23.5 points, a great effort from all the boys in this age group.

Our oldest age group saw 15 year old Calum Ferguson finish in a well placed joint 7<sup>th</sup> position overall with 24 points after a solid weekend. Team mate Kieran Watson finished in 18<sup>th</sup> position overall with a total of 11 points.

In the girls 12 year old age group, Samantha Caulfield finished in a well deserved 5<sup>th</sup> position overall with a total 33.5 points after some fine swims over the weekend. Team mate Aimee Adam who also swam well finished just behind in 7<sup>th</sup> position with 27 points. Also performing very well in this age group over the weekend with some fine pb swims was Megan Hill and Harriet Gray.

In the 13 year age group, Rachael O'Donnell amassed a huge 77 points to finish Top Girl after a great weekend picking up numerous gold medals. Zoë Mitchell finished in a well earned 4<sup>th</sup> position with 36 points in total.

In the 14 year old age group, Chelsea Lawson finished in a creditable 2<sup>nd</sup> position overall after some great swims and finishing with 51 points. Team mate Samantha Macmillan finished in a fine 8<sup>th</sup> position overall with 21 points. Also performing well over the weekend in this age group for the Carnegie girls and swimming some fine pb's were Eleanor England, Katie Johnstone, Sarah Chalmers, Hannah Gray & Caitlin McKilligan.

In the 15 year old age group Shannon Clark finished just outside the top 10 in 11<sup>th</sup> position overall after a good weekend with a total of 19 points.

Finally for the Carnegie girls, in the 16 years and over age group, 17 year old Catriona Laird also swam well over the whole weekend. Well done to all the Carnegie swimmers who competed for the Club.

A special thank you goes to Brenda Kirby for organising the whole weekend so well and to Colin & Stevie for ferrying everyone around. Also thanks to all the parents who travelled down to support the swimmers and to help officiate at the meet. We will look forward to our trip down there again next year!