

## **Medal Blitz for Carnegie SC Youngsters**

The weekend of 9 & 10<sup>th</sup> May saw a handful of Carnegie SC youngsters represent the club by competing in the Livingston & District Dolphins Graded Meet held at the Mercat Gait Centre (Prestonpans) and what a performance from the talented swimmers.

In session 1, 9yr old Fraser Beeby competing in the 10yrs 50m Butterfly picked up Gold with a time of 00:41.20. Minutes later, he picked up Silver in the 10yrs 50m Backstroke Final with a time of 00:42.28 whilst team-mate Andrew Waterworth picked up a 6<sup>th</sup> place memento in the same event. Gavin Roderick competing in the 12yrs 50m Backstroke Final picked up a 6<sup>th</sup> place memento in a time of 00:44.18. In the Girls events, both 9yr old Megan McGhee and 10yr old Sarah Carstairs made both the 50m Butterfly and Backstroke Finals. Sarah picked up a 4<sup>th</sup> place memento in the Butterfly (00:50.01) and 5<sup>th</sup> place in the Backstroke (00:47.48) whilst Megan McGhee was 6<sup>th</sup> in the Butterfly (00:50.87) and picked up Bronze in the Backstroke (00:45.57). In the 200m Freestyle, Sol Sweeney picked up Bronze in a time of 03:01.77 and Gavin Roderick 5<sup>th</sup> place in the same event with a time of 02:56.29. To finish an excellent mornings swimming, the Carnegie Boys of Andrew Waterworth, Greig Reid, Fraser Beeby and Gavin Roderick picked up Gold in the 200m Medley Relay with a time of 02:55.78. The Girls team made up of Megan McGhee, Sarah Carstairs, Savannah Sweeney and Carrie McLennan picked up Bronze in a time of 03:00.87

In the afternoon, success continued in the pool with a Bronze for Greig Reid in the 200m IM (03:14.04), Gold for Kal Roderick in the 200m Freestyle (02:27.97) and a 5<sup>th</sup> place memento for Savannah Sweeney in the same event (02:58.02). In the 12/unders Boys, Fraser Beeby picked up Gold in the 10yrs 50m Freestyle (00:36.12) and Silver in the 50m Breaststroke (00:49.51) whilst Gavin Roderick picked up 5<sup>th</sup> in the 50m Freestyle (00:37.05). In the Girls 50m Freestyle, Megan McGhee picked up Bronze (00:39.50) and Sarah Carstairs 5<sup>th</sup> (00:40.70). In the 50m Breaststroke, Sarah picked up Bronze (00:50.39) and Megan 4<sup>th</sup> (00:50.56). The icing on the cake and the end to a great days swimming was Gold medals for both the Boys and Girls in the 200m Freestyle Relays. The Boys team made up of Fraser Beeby, Andrew Waterworth, Greig Reid and Gavin Roderick took first spot in a time of 02:31.78 and the Girls team of Megan McGhee, Sarah Carstairs, Carrie McLennan and Savannah Sweeney also finished first in a time of 02:37.77.

In Session 3 (Sunday), Katie Johnstone picked up Gold in the 400m Freestyle event (05:18.78) and team-mate Caithlyn Anderson 4<sup>th</sup> (05:23.47). Kal Roderick picked up a 5<sup>th</sup> place memento in the 200m Butterfly (03:21.87) and Greig Reid a 'Swam Too Fast' award in the 200m Backstroke (02:59.43).

In Session 4 and the end to a great weekend of swimming, Greig Reid and Andrew England both picked up 'Swam Too Fast' awards in the 400m Freestyle with times of 05:43.83 and 06:06.01 respectively. Greig also went on to pick up a Bronze in the 200m Breaststroke (03:37.73). Kal Roderick was 5<sup>th</sup> in the 400m IM (06:22.53) and Caithlyn Anderson picked up Silver in the 200m Backstroke (02:53.79).

