

Dunedin Challenge Meet – FIPRE Glenrothes 6th - 7th September 2008

Carnegie Turn Up The Heat

Last weekend saw a large contingent of Carnegie swimmers travel through to Glenrothes for the Dunedin Challenge meet. Competing for the club under the watchful eye of new Carnegie Head Coach Dougie Hopkins were some of the younger development swimmers alongside members from the performance squads and a great team spirit and atmosphere looked to have transferred from the poolside into the pool as personal best times were being broken with nearly every swim over the weekend and lots of medals and Top Boy & Top Girl awards being won.

In the 10 years and under age group Jack Szaranek led the way for the boys with a Gold medal in the 50m Brst, two Silver medals in the 50m Fly & 50m Free and five Bronze medals in the 100m Brst, 100m Free, 100m IM, 50m & 100m Back well done Jack.

Also performing well over the weekend for the boys was Robbie Carmichael with two 4th place finishes in the 100m Free & 100m IM and Michael Watson with a 4th place finish in the 50m Brst, a 5th place in the 100m Brst & a 6th place in the 100 IM.

In this age group for the girls and gaining a 5th place finish for the 100m Brst with a brilliant swim was 9 year old Sally Christie who has made great progress recently and still has another year to go in this age group.

Also swimming well over the weekend in the 10 years and under age group and breaking personal best times were Sarah Carstairs, Sophie Ross, Megan Hill, Claire Lee, Megan McGhee and Jordan McKilligan.

The boys 11/12 year age group was dominated by Craig Bowman. Craig won 11 Gold medals over the weekend in the 50m Fly, 200m Back, 200m Fly, 100m Free, 100m IM, 50m Back, 200m Free, 100m Fly, 50m Free, 100m Back & 200m IM and he just missed out on the Top Boy award – losing out by one point, a great weekend for Craig though.

Also in this age group and doing well was Jordan Lamb who won five Silver medals in the 200m Back, 100m Free, 200m Free, 50m Free & 200m Brst. Jordan also won two Bronze medals in the 50m & 100m Fly.

Euan McElwee won a Bronze medal on the 50m Back, a 4th place finish in the 100m Fly and four 5th place finishes in the 50m Fly, 200m Back, 100m & 200m Free.

Ben Potrykus had a 4th place finish in the boys 100m IM

In the girls 11/12 year age group, Zoe Mitchell led the way with two Gold medals in the 100m & 200m Back, two Silver medals in the 100m Free & 100m Fly, three bronze medals in the 50m Brst, 200m Free & 200m IM and a 4th place finish in the 100m IM.

Ruth Laird had a good swim in the 200m Free taking the Silver medal.

Katie Johnstone had a very good Sunday winning a Bronze medal in the 200m Back taking 20 seconds off her pb time and a 4th place finish in the 100m Back.

Eleanor England swam well winning a Bronze medal in the 100m Back.

Caitlin McKilligan finished in 5th position in the 100m & 200m Free and in 6th position in the 200m Brst.

Aimee Adam had a 6th place finish in the 200m Free as well as other swims in new personal best times.

Caithlyn Anderson also swam well over the weekend in the 11/12 year age group.

In the 13/14 year age group, Mark Szaranek again showed his all round ability winning the Best Boy award and taking nine Gold medals in the 50m Fly, 200m Back, 200m Fly, 100m Free, 50m Back, 200m Free, 100m Fly, 50m Free & 100m Back. He also took two Silver medals in the 100m & 200m IM and three Bronze medals in the 50m, 100m & 200m Brst.

Kieran Watson swam well to take three Silver medals over the weekend in the 50m, 100m & 200m Brst.

Myles Hershaw had a good weekend also, winning a Silver medal in the 200m Back and three Bronze medals in the 50m Back and 50m & 100m Fly.

Lewis Kirby also swam well and finished with a Silver medal in the 200m Back, a Bronze in the 100m Back two 4th place finishes in the 200m Fly & 50m Back, a 5th place in the 100m IM and a 6th place in the 100m Fly.

Also competing in this age group was Blair Hershaw who had three 5th place finishes in the 50m Back and 50m & 100m Brst.

In the girls 13/14 year age group Tiffany Barber had a great weekend winning a Silver medal in the 50m Free, three Bronze medals in the 100m Free, 50m Back and 100m Fly, a 4th place in the 100m IM and a 5th place in the 200m Free.

Another 13/14 year girl who had a good weekend was Ellie Brisbane who won a Silver medal in the 200m Back, two Bronze medals in the 200m Fly and 100m Back, two 4th places in the 50m Back and 100m Fly and a 5th place finish in the 100m IM.

Also swimming well despite an injury was Shannon Clarke who had a 4th place finish in the 50m Brst.

Caitlin Burns was another swimmer who had a consistently good weekend gaining a 6th place finish in the 50m Fly and various pb swims.

Other girls in this age group who competed well over the weekend and swam new personal best times were Olivia Scott, Emily Christie and Natalie Sherriff.

Moving to the 15/16 year age group and having a brilliant weekend for the girls was Ailsa Hershaw. Ailsa went on to take the Top Girl award in this category and on the way won two Gold medals in the 50m & 100m Back, three Silver medals in the 100m Fly, 50m Free and 50m Fly, four Bronze medals in the 100m Free, 100m IM, 100m & 200m Brst and a 4th place finish in the 50m Brst, well done Ailsa.

Also competing well for the girls despite not being fully fit was Eloise Barber. Eloise won seven Gold medals in the 100m & 200m IM, 50m & 100m Free, 50m Brst, 200m Free, & 50m Fly, she also took a Silver medal in the 50m Back and a 4th place finish in the 100m Fly.

Blaine Small finished the weekend strongly with a Gold medal in the 200m Back. Blaine also won a Bronze medal in the 200m Fly, a 4th place in the 200m Brst, two 5th place finishes in the 100m IM & 100m Fly and a 6th place in the 200m Free.

Roo Kerr also had a good end to the meet winning a Bronze medal in the 100m Back. Roo who is also gaining fitness after an injury took a 4th place in the 50m Back, a 5th place in the 50m Brst and a 6th place in the 200m Brst.

Nichola Lamb competed in this age group for the girls and also had a good weekend taking a 4th place finish in the 200m Free and personal best times in other swims.

Only Duncan Chalmers swam for the boys in this age group and he too competed well over the weekend taking a 5th place finish in the 200m Free and three 6th place finishes in the 50m, 100m & 200m Fly.

In the final age group of 17 years and over and Kathryn Johnstone had a fantastic weekend. Kathryn took the Top Girl award ending her day with a meet record in the 100m Brst and taking a Gold medal in a new pb time of 1:11.53. She won a further seven Gold medals in the 50m & 200m Brst, 100m IM, 200m Free, 50m Free & 200 IM, she also won two Silver medals for the 100m & 200m Back, well done Kathryn.

Also competing well on Saturday was Gillian Etherington who won a Silver medal in the 200m Free and had a 4th place finish in the 100m Free.

The Club would like to thank Colin Hershaw, Mark Sherriff, Liz Burns, Andra Laird, and Robert Chalmers for their assistance officiating at this event.

The Club would also like to thank Ralph Payne for his help with Technical Assistance over the weekend.

We would also like to thank the parents for their support all weekend in quite difficult conditions, the swimmers really appreciate it.

All the Coaches – Dougie Hopkins, John Szaranek, Ally McKilligan, Brian Lamb & Jane Lamb were really pleased with the effort put in by all the swimmers considering we are only just into the start of our new training schedule and hopefully the swimmers can see the hard work is paying off for them and continue to work hard for the rest of the season.

Well done everyone.