

100% success rate for Carnegie swimmers at Aquanauts

Seven young swimmers from Carnegie Swimming Club's Development and Junior Performance squads took part in the Aquanauts Livingston ASC 8th Annual Graded meet held at Prestonpans on Saturday 20th June 2009. Swimming in longer distance events of 400m freestyle and 200m breaststroke, backstroke, butterfly and individual medley, many of them for the very first time in competition, the swimmers produced some outstanding performances. As a team they achieved a 100% personal best rate with 18 PBs from 18 swims.

Four 9 year olds took part in the 8-10 age group. Megan McGhee achieved two 5th place finishes in the 200m breaststroke and 400m freestyle and followed this with a "speeding ticket" in the 200m backstroke with a time of 3:17.48. Fraser Beeby continued his good form with two "speeding tickets" for 200m butterfly in 3:12.94 and 200m IM in 3:07.42. Fraser also picked up a silver medal in the 400m free and bronze in the 200m breast. Hamish Neil won a silver in the 200m IM and finished in 5th place in the 400m free and Lucy Hallam picked up a 4th place ribbon in the 200m backstroke.

11 year old Carrie McLennan, competing in the 11-12 age group, picked up a 4th place ribbon in the 200m backstroke and team mate Andrew England won two ribbons with a 4th place finish in the 200m IM and 6th place in the 400m freestyle.

Junior Performance swimmer Katie Johnstone, competing in the 13-14 age group, won gold in the 400m freestyle and finished in 6th position in the 200m IM.



The Carnegie team proudly display their "speeding tickets", medals and ribbons outside Prestonpans Leisure Centre.